# CIRCUIT TALK MARCH 2024 WWW.MCCGA.ORG

#### ANNOUNCEMENTS

- CHAMPS SCHEDULE WILL BE POSTED NO LATER THAN TUESDAY
  MARCH 26
- CHAMPIONSHIP ADMISSION PRICES- PLEASE BE SURE TO LET YOUR SPECTATORS KNOW THE FOLLOWING-
  - \$15 PER PERSON
  - CHILDREN UNDER 5 YEARS OF AGE- FREE
  - PAID ADMISSION AT ANY SINGLE SITE IS GOOD FOR ALL 3 LOCATIONS, ALL DAY!

### **DIRECTOR TIPS AND TRICKS**

RETREAT AT CHAMPIONSHIPS IS A FULL RETREAT. YOU WILL SEE A LOT OF SCHOOLS HAVE FUN "DRESS UP" ITEMS ADDED TO THEIR OUTFITS! PLAN AHEAD FOR YOUR STUDENTS. (NO HELIUM BALLOONS, CONFETTI, STREAMERS ETC) BASICALLY HAVE FUN. CELEBRATE YOUR KIDS BUT DON'T MAKE A MESS FOR THE SHOW

SITE!

MAKE SURE YOUR TEAM IS BEING COURTEOUS TO THE OTHER TEAMS IN THE COMBINED WARM-UP! WE WANT TO MAKE SURE ALL STUDENTS ARE SET UP FOR SUCCESS AND THAT STARTS IN WARM-UP.

FOCUS ON REFINING YOUR PERFORMANCE, AND TECHNIQUE, AND GETTING THOSE COUNTS AS CLEAN AS POSSIBLE. ACCEPT YOUR CREATION AND MAKE THE BEST OF IT AND FINISH STRONG!

• HAVE A QUESTION OR TIPS/TRICKS TO SHARE???? EMAIL PUBLICRELATIONS@MCCGA.ORG

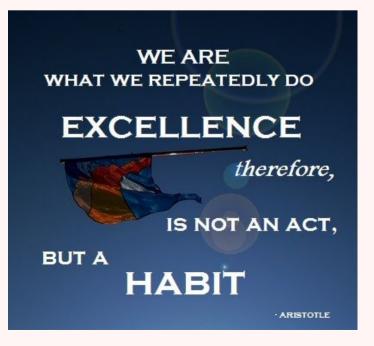
## EDUCATION CORNER with Lindsey Vento

-MINIMIZE YOUR EDITS and ensure your students feel CONFIDENT!! "Get your points" by achieving and connecting to the audience, not that new hard skill.

-REHEARSE YOUR ENTRY AND EXIT WITH A RUN THROUGH!! Even practice the 15 min holding in the hallway so you can fully simulate the championships experience! It helps, I promise!!

-IT IS TIME TO ENSURE STUDENT RETENTION! We want to keep kids in the activity. Make sure it's a positive place to be, that their ending memories are ones that pull them back in, and their presence in your program feels valued!!

-And lastly, proper undergarments for all 😉



# Region Highlights

### Southern Region-Queen City Independent

- Director- Teri Gee
- Classification- Independent regional A
- Membership- 1st season!
- Favorite part of WG-We have assembled a group of individuals that have a strong desire to perform and spin, but were without a guard to call home. We hope to become a family to each other and develop traditions along the way



### Western Region-Warrensburg

- Director-Bailey Ross
- Classification- Scholastic AA
- Fun Facts- This is our first year being in AA after being promoted from SRA last season.One thing that has remained constant for us is the three things we recite before each performance to get us through our show, 1. Count to the end. 2.
   Perform to the end. 3. Count to the bitter freaking end. Remembering these three things push us to succeed each performance!



Region Highlights

### Eastern Region- Belleville East Open

- Director-Bryan White
- Classification- Scholastic Open
- Membership- Since 2015
- Traditions- We have a really fun pre show tradition were we pass around a stuffed animal named "Problem Pig". The kids tell the pig what they are worried about in the show as a way off passing off the problems to it and allowing them to relax a bit before warm up starts.



## meet your MCCGA CHIEF JUDGE

DO YOU HAVE A QUESTION- REACH OUT TO A MEMBER FOR HELP AND ADVICE!

**How long have you been involved judging with MCCGA:** I'm pretty sure my time with MCCGA dates back to approximately 2010 ~ I was invited in to do a judge's clinic and (clearly) fell in love with the circuit!

What is your favorite part of Winter Guard : Oh, this is tough! So many things about our activity make my heart happy. I think my favorite is the way Winter Guard catches kids who have not found their "spot" in other activities or pursuits. We offer a safe space for all, and have been doing so for decades. It's an amazing legacy that the pageantry arts provides.

**One Tip for all guard directors :** I know I'm going to sound like a broken record, but DO NOT SKIMP on your basics, including strength and core training. I know you're trying to get the show on the floor, handle lack of rehearsal space and weather and judges' commentary but trust me: the time you spend in basics block is never, ever wasted.

**If you are not at a guard competition where would you want to be?** In the summer, in my flowerbeds and vegetable garden, in the winter, making soap or working on a home DIY project. In a perfect world, all of this with my 3 kiddos nearby.



Chenyl Myens Chief Judge